

October 2021

Middle School Breakfast

Monday

Tuesday

Wednesday

Thursday

Friday

	<p>All meals are FREE for this month.</p> <p>Thank you for Participating in our meal program. We hope you are enjoying the meals.</p>	<p>This institution is an equal opportunity provider.</p>		<p>1 Eggo Waffles or Cheese Omelet w Muffin 100% Fruit Juice and Fruit Milk</p>
<p>4 Mini Bagel Cold Cereal w Muffin 100% Fruit Juice and Fruit Milk</p>	<p>5 Chocolate Chip Benefit Bar 100% Fruit Juice and Fruit Milk</p>	<p>6 Breakfast Sausage Sandwich Smore Bar w Cheese Stick 100% Fruit Juice or Fruit Milk</p>	<p>7 French Toast Sticks w Sausage or Whole Grain Donut 100% Fruit Juice and Fruit Milk</p>	<p>8 Mini Cinni's or Breakfast Pizza 100% Fruit Juice and Fruit Milk</p>
<p>11 Pancake & Sausage on a Stick or Cold Cereal w Muffin 100% Fruit Juice and Fruit Milk</p>	<p>12 Cinnamon Roll 100% Fruit Juice and Fruit Milk</p>	<p>13 Two Hour Delay Day Breakfast Pizza or Mini Bagel 100% Fruit Juice and Fruit Milk</p>	<p>14 French Toast Sticks w Sausage or Chocolate Cherry Bar w Cheese Stick 100% Fruit Juice and Fruit Milk</p>	<p>15 Crunch Mania or Eggo Pancakes 100% Fruit Juice and Fruit Milk</p>
<p>18 Breakfast Pizza Cold Cereal w Muffin 100% Fruit Juice and Fruit Milk</p>	<p>19 PB & Jelly Uncrustable 100% Fruit Juice and Fruit Milk</p>	<p>20 Breakfast Sausage Sandwich or Banana Chip Benefit Bar 100% Fruit Juice and Fruit Milk</p>	<p>21 French Toast Sticks w Sausage Pop Tart w Cheese Stick 100% Fruit Juice and Fruit Milk</p>	<p>22 Whole Grain Donut or Pancake/Sausage on a Stick 100% Fruit Juice and Fruit Milk</p>
<p>25 Eggo Waffles Cold Cereal w Muffin 100% Fruit Juice and Fruit Milk</p>	<p>26 Cinnamon Roll 100% Fruit Juice and Fruit Milk</p>	<p>27 Breakfast Pizza or Crunch Mania 100% Fruit Juice and Fruit Milk</p>	<p>28 French Toast Sticks w Sausage Chocolate Mini Donuts 100 % Fruit Juice and Fruit Milk</p>	<p>29 Mini Bagel or Cheese Omelet w Muffin 100% Fruit Juice and Fruit Milk</p>