

October 2021

Middle School Lunch


Monday

Tuesday

Wednesday

Thursday

Friday

	<p>All Meals are FREE this month !</p> <p>Thank You for Participating in our meal program. We hope you are enjoying the selection.</p>	<p>This institution is an equal opportunity provider.</p>		<p>1 Italian Turkey Sub or Meatball Sub or Chef Salad Glazed Carrots Grapes Milk</p>
<p>4 A Chicken Sticks B PB & Jelly or Chef Salad French Fries Peaches Milk</p>	<p>5 A Big Daddy Pizza B Same! Carrots w Dip Mixed Fruit Milk</p>	<p>6 A Ham & Cheese Sandwich or B Rotini w Meatsauce and Garlic Bread or Chef Salad Corn Applesauce Milk</p>	<p>7 A Toasted Cheese Sandwich w Tomato Soup B Deli Wrap or Chef Salad Roasted Broccoli Pineapple Tidbits Milk</p>	<p>8 A Chicken Patty Sandwich or B Cheeseburger or Chef Salad Baked Beans Grapes Milk</p>
<p>11 A Chicken Nuggets B Cheesy Meatloaf w Roll or Chef Salad Augratin Potatoes Diced Pears Milk</p>	<p>12 A Pizza Dippers w Sauce B Deli Wrap or Chef Salad Fresh Vegetables/Dip Peaches Milk</p>	<p>13 A BBQ Rib Sandwich B Macaroni /Cheese Buffalo Bowl or Chef Salad Broccoli Banana Milk</p>	<p>14 A Philly Steak Sandwich B Chicken Patty or Chef Salad Corn Applesauce Milk</p>	<p>15 A Taco Salad B Chicken Fajita or Chef Salad Refried Beans Fruit Milk</p>
<p>18 A Chicken Parmesan B Hot Ham and Cheese Sandwich or Chef Salad Mashed Potatoes Peaches Milk</p>	<p>19 A Stuffed Crust Pizza B Deli Wrap or Chef Salad Glazed Carrots Mixed Fruit Milk</p>	<p>20 A Chicken Alfredo w Bread B Chef Salad Broccoli Grapes Milk</p>	<p>21 A BBQ Pulled Pork or B Toasted Cheese Sandwich w Tomato Soup or Chef Salad Green Beans Pears and Milk</p>	<p>22 A Meatball Sub B Corn Dog or Chef Salad Tator Tots Applesauce Milk</p>
<p>25 A General Tso' Chicken and Rice B Cheeseburger or Chef Salad Stir Fry Vegetable Peaches Milk</p>	<p>26 A Pizza Dippers w Marinara B Deli Wrap or Chef Salad Carrots w Dip or Hummus Pears Milk</p>	<p>27 A Tator Tot Casserole w Bread B Chicken Patty or Chef Salad Green Beans Apple Milk</p>	<p>28 A Sloppy Nacho's B BBQ Rib or Chef Salad Corn Pineapple Tidbits Milk</p>	<p>29 A Hot Dog Bar or B Bacon Cheeseburger or Chef Salad Baked Beans Applesauce Milk</p>