

QUARTER 1 (45 days)	
UNIT 1 Health Skills	
Chapter 1	Understanding Health and Wellness
Chapter 2	Taking Charge of Your Health
UNIT 3 Healthy and Safe Relationships	
Chapter 6	Skills for Healthy Relationships Lifebanc
Chapters 7-9	Healthy and Safe Relationships Date Rape Prevention (HB 19)
UNIT 2 Mental and Emotional Health	
Chapter 3	Achieving Mental and Emotional Health
Chapter 4	Managing Stress and Coping with Loss
Chapter 5	Mental and Emotional Problems
QUARTER 1 SUMMATIVE ASSESSMENT	
QUARTER 2 (45 days)	
UNIT 6 Growth and Development	
Chapter 24	STDs
Chapter 17	Beginning of the life Cycle OPTIONAL (egg baby)
Chapter 18	The Life Cycle Continues
UNIT 8 Body Systems	
Chapter 13-16	Disease and Illness
UNIT 4 Nutrition and Physical Activity	
Chapter 10	Nutrition for health Consumer Health
UNIT 7 Drugs	
UNIT 9 Safety	
	Driving Safety CPR and First Aid (school nurse)
QUARTER 2 SUMMATIVE ASSESSMENT/FINAL EXAM	